



This document MUST be read in conjunction with the 2019 Weights & Grading Chart

The following guidelines have been outlined to assist Junior Administrators to correctly grade female players in line with the NZRU and WRFU Junior Rugby Weight/Grading and Dispensation/Regrading Policies.

A player playing down a grade based on gender must meet the criteria outlined below in the Female Age / Weight Grade Regrading Table.

If the player has the ability to play in their correct grade, then they should **not** be dispensated down based on their gender. Player safety is paramount.

1. Weigh the player at registration on calibrated scales.
2. Select the age-grade from the Weights & Grading chart based on their year of birth.
3. Check the weight restriction that applies to that age-grade.
4. If the player is heavier or lighter than the age-grade provides for, move the player up or down until their weight fits within the Weight & Grading chart requirements.
5. Check in the chart below if the player is in a grade offering club approved regrading to move down one grade based on their gender.
6. Check that the player's weight still falls within the maximum weight as outlined in the table below.
7. If the player's weight is approaching the maximum for that grade, move them up a grade to avoid them being moved up at the official weigh-in.
8. Complete a Regrading Form and email it to dispensations@wrfu.co.nz by 3rd May 2019.

Female Age / Weight Grade Regrading Table

(To be read alongside the Weights & Grading chart)

Age-grade	Must Weigh Under	Notes
Under 6 & 7	N/A	There is NO club approved regrading available for these grades.
Under 8	33kg	If player meets ability and max weight shown here, club may process regrading approval – complete Regrading Female Player (U8-U10) Form.
Under 9	36kg	If player meets ability and max weight shown here, club may process regrading approval – complete Regrading Female Player (U8-U10) Form.
Under 10	54kg	If player meets ability and max weight shown here, club may process regrading approval – complete Regrading Female Player (U8-U10) Form.
Under 11	46kg	NO club approval applicable, player must complete formal dispensation process using Regrading Female Player (U11-U13) Form.
Under 12	55kg	NO club approval applicable, player must complete formal dispensation process using Regrading Female Player (U11-U13) Form.
Under 13	N/A	NO club approval applicable, player must complete formal dispensation process using Regrading Female Player (U11-U13) Form.