

Rules Card U8

Numbers on field:

10

These numbers are maximums. At all times, both teams must have equal player numbers.

Field size:

22x30m

(Quarter Field)



Try: If score is 35 or more at halftime coaches **MUST** meet and even teams.

5 pts

Conversions:

None

Subs:

1/4 Time

All players must play a minimum of half a game. Rolling substitutions are permitted.

Lineout:



Tap and go.



Scrum:



Penalty:

Tap and Pass

Tackle:

No fending to the head, face or neck regions

Tackle must be below the nipple.

Length of game:

20 MINS MAX

Kick-off / Restarts

Tap and Pass

Kick-offs / Restarts are to be rotated through the players. There will be no lifting from kick-starts.